

Hypnotherapy is not generally advisable for people suffering from schizophrenia, epilepsy, bipolar conditions, suicidal tendencies, senility, alcohol or drug psychosis, pathological personalities, or manic depression.

Because my work involves hypnosis, I only recommend my programs and services for people with sound mental health. If you have been diagnosed with a mental health illness, first consult with your doctor and only proceed to reach out to me if it has been approved by the medical professional.

Your wellbeing is my first and utmost interest.

The work during the sessions involves Rapid Eye Movement and Regression.

**If you currently have any mental health conditions, please consult your GP or therapist by mentioning the above.**

**Thank you for your understanding!**